

**Freeman Invitational Track Meet
Thursday, April 23, 2015**

Meet Director: Scott Anderson
Press Box/Awards: Freeman Staff
Clerk of Start: Freeman Staff
Clerk of Finish: Freeman Staff

Meet Announcer: Freeman Staff
Heats/Scoring: Freeman Staff
Starter & Referee: Tyler Spitsler
Field Referee: Freeman Staff

Exchange Zones: (1) – HTRS
(2) – JCC
(3) – Pawnee City

3:30 pm Coaches Meeting

4:00 pm Field Events

Girls Shot followed by Boys Shot
Boys Discus followed by Girls Discus
Girls Long Jump Followed by Boys Long Jump
Boys Triple Jump Followed by Girls Triple Jump
Girls High Jump Followed by Boys High Jump
Boys Pole Vault Followed by Girls Pole Vault

Work Assignments

Johnson-Brock
Sterling (Boys)/HTRS (Girls)
Southern
JCC
Freeman
Pawnee City

Athletes are limited to four events. No more than three entries/event per school, excluding relays.

Please bring equipment necessary for running of your assigned event.

5:30 pm Running Events (Girls Followed by Boys)

3200 Meter Relay	Finals
100/110 Meter Hurdles	Finals
100 Meter Dash	Finals
400 Meter Dash	Finals
1600 Meter Run	Finals
200 Meter Dash	Finals
800 Meter Run	Finals
300 Meter Hurdles	Finals
400 Meter Relay	Finals
1600 Meter Relay	Finals

Place Timer

1st Sterling
2nd Southern
3rd Johnson-Brock
4th HTRS
5th JCC
6th Pawnee City
7th Freeman
8th Freeman

Picker

HTRS
JCC
Pawnee City
Sterling
Southern
Johnson-Brock
Freeman
Freeman